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LATVIJAS SPORTISTU REITINGS SVARU STIEŅA SPIEŠANĀ GUĻUS AR EKIPĒJUMU

2013. 1. I – 2013. 31. XII

| Nr. | Vārds un sv. kategorija | Rezultāts | Datums | Dz. g. | Grupa | Klubs |
|----------------|--------------------------|-----------|--------|--------|-------|---------------------|
| VĪRIEŠI | | | | | | |
| 53 | | | | | | |
| 1 | Braunšteins Ivars | 77,5 | 09.mar | 1993 | Ja | PPKI |
| 2 | Dubins Dmitrijs | 62,5 | 09.mar | 1994 | Ja | Viesīte |
| 3 | Bogdanovičs Staņislavs | 47,5 | 02.feb | | | Jēkabpils - 2. vsk. |
| 4 | Grīslis Emīls | 40,0 | 09.mar | 1994 | Ja | Rembate |
| 59 | | | | | | |
| 1 | Vorobjovs Jevgēņijs | 110,0 | 09.mar | 1953 | S3 | Aizkraukle |
| 2 | Kuņejevs Maksims | 92,5 | 09.mar | 1994 | Ju | Apolons |
| 3 | Ločmelis Emīls | 90,0 | 09.mar | 1996 | Ja | Panatta Sigulda |
| 4 | Stalde Armands | 80,0 | 09.mar | 1996 | Ja | PPKI |
| 5 | Lonbergs Lauris | 80,0 | 09.mar | 1989 | O | Rembate |
| 6 | Ozols Dairis | 75,0 | 09.mar | 1998 | Ja | PPKI |
| 7 | Baumanis Intars | 75,0 | 09.mar | 1999 | Ja | Bauskas Atlēts |
| 8 | Dinstmanis Roberts | 60,0 | 09.mar | 1990 | Ju | Bauskas Atlēts |
| 9 | Dinstmanis Jānis | 57,5 | 09.mar | 1993 | Ju | Bauskas Atlēts |
| 10 | Kopicjaks Viktors | 57,5 | 09.mar | 1962 | S2 | Mēmele SC |
| 11 | Bogdanovičs Staņislavs | 45,0 | 02.feb | | | Jēkabpils - 2. vsk. |
| 66 | | | | | | |
| 1 | Bergholds Jānis | 122,5 | 09.mar | 1990 | Ju | SP Valmiera |
| 2 | Misa Atvars | 120,0 | 09.mar | 1993 | Ju | Mēmele SC |
| 3 | Kuņankins Aleksejs | 120,0 | 09.mar | 1994 | Ju | Apolons |
| 4 | Višķers Ernests | 117,5 | 09.mar | 1995 | Ja | Rēzekne |
| 5 | Ūķenieks Ingus | 115,0 | 09.mar | 1985 | O | Mēmele SC |
| 6 | Muizzemnieks Jānis | 115,0 | 09.mar | 1992 | Ju | Mēmele SC |
| 7 | Brazjuls Arvis | 105,0 | 09.mar | 1995 | Ja | Bauskas Atlēts |
| 8 | Zods Ervīns | 100,0 | 09.mar | 1993 | Ju | Rembate |
| 9 | Marnauza Vitālijs | 100,0 | 09.mar | 1985 | O | Bauskas Atlēts |
| 10 | Sorokins Vjačeslavs | 95,0 | 09.mar | 1970 | S1 | Titan |
| 11 | Pudzmis Elvijs | 95,0 | 09.mar | 1995 | Ja | Priekule |
| 12 | Kerēvics Elvijs | 90,0 | 09.mar | 1988 | O | Mēmele SC |
| 13 | Zvonkovs Ilja | 85,0 | 02.feb | | | Jēkabpils - JAK |
| 14 | Garolis Mārtiņš | 85,0 | 09.mar | 1994 | Ju | Viesīte |
| 15 | Siliņš Filips | 82,5 | 09.mar | 1999 | Ja | Bauskas Atlēts |
| 16 | Zdažinskis Aleksejs | 77,5 | 02.feb | | | Jēkabpils - 2. vsk. |
| 17 | Zaharcovs Jegors | 75,0 | 02.feb | | | Pļaviņas |
| 18 | Dumarovs Ēriks | 75,0 | 09.mar | 1948 | S3 | Gulbene KSP |
| 19 | Birgelis Armands | 67,5 | 09.mar | 1997 | Ja | Bauskas Atlēts |
| 20 | Dekšņa Vitālijs | 62,5 | 02.feb | | | Jēkabpils - 2. vsk. |
| 21 | Vaivods Dainis | 60,0 | 02.feb | | | Jēkabpils - JVĢ |
| 22 | Grods Vjačeslavs | 55,0 | 09.mar | 1997 | Ja | Viesīte |
| 23 | Kuzņecovs Kirils | 0,0 | 02.feb | | | Jēkabpils - 2. vsk. |
| 74 | | | | | | |
| 1 | Timofejevs Sergejs | 210,0 | 09.mar | 1994 | Ju | Aizkraukle |
| 2 | Dronga Renārs | 195,0 | 09.mar | 1988 | O | Apolons |
| 3 | Ručkanovs Juris | 165,0 | 09.mar | 1993 | Ju | Mēmele SC |
| 4 | Peterlēvics Edgars | 160,0 | 09.mar | 1986 | O | Evolution |
| 5 | Jerseslavcevs Aleksandrs | 147,5 | 09.mar | 1991 | Ju | Aizkraukle |
| 6 | Kuzmins Anatolijs | 145,5 | 09.mar | 1941 | S4 | Aizkraukle |
| 7 | Červids Juris | 145,0 | 09.mar | 1962 | S2 | Mēmele SC |
| 8 | Gugāns Andrejs | 132,5 | 09.mar | 1969 | S1 | Rēzekne |
| 9 | Radzēvičs Aleksandrs | 125,0 | 09.mar | 1963 | S2 | Apolons |
| 10 | Andronovs Aleksandrs | 125,0 | 02.feb | | | Jēkabpils - 2. vsk. |
| 11 | Novolockis-Orlovs Igors | 120,0 | 09.mar | 1969 | S1 | Rēzekne |
| 12 | Matisens Jānis | 117,5 | 09.mar | 1982 | O | Bauskas Atlēts |

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|----|-------------------|-------|--------|------|----|--------------------|
| 13 | Veliks Agris | 105,0 | 09.mar | 1995 | Ja | Rembate |
| 14 | Cvetkovs Valērijs | 105,0 | 02.feb | | | Jēkabpils - JAK |
| 15 | Krūmiņš Zintis | 102,5 | 02.feb | | | Jēkabpils - SC |
| 16 | Livdans Dāvis | 97,5 | 09.mar | 1994 | Ju | Viesīte |
| 17 | Ādams Kristaps | 92,5 | 09.mar | 1997 | Ja | Bauskas Atlēts |
| 18 | Siliņš Mukuss | 90,0 | 02.feb | | | Jēkabpils - Latsin |
| 19 | Poļakovs Salvis | 85,0 | 09.mar | 1996 | Ja | Bauskas Atlēts |
| 20 | Grabezovs Jānis | 75,0 | 09.mar | 1997 | Ja | Rembate |
| 21 | Černovskis Jānis | 65,0 | 09.mar | 1997 | Ja | Viesīte |
| 22 | Lasmanis Jānis | 50,0 | 09.mar | 1955 | S2 | Apolons |
| 23 | Tīrumnieks Ivars | 0,0 | 09.mar | 1997 | Ja | Viesīte |
| 24 | Ivanovs Viktors | 0,0 | 09.mar | 1989 | O | SP Ādaži |

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|----|-----------------------|-------|--------|------|----|---------------------|
| 1 | Kijanovs Pāvels | 210,0 | 09.mar | 1991 | Ju | Apolons |
| 2 | Reinholds Gints | 207,5 | 22.mai | 1983 | O | Aizkraukle |
| 3 | Selkovskis Janeks | 202,5 | 09.mar | 1990 | Ju | SP Valmiera |
| 4 | Biezais Gatis | 192,5 | 09.mar | 1975 | O | Talsi |
| 5 | Birkenfelds Raitis | 185,0 | 09.mar | 1985 | O | Rembate |
| 6 | Stepenko Dmitrijs | 180,0 | 09.mar | 1970 | S1 | Jēkabpils |
| 7 | Glauniņš Artūrs | 175,0 | 09.mar | 1989 | O | --- |
| 8 | Naglāzs Armands | 167,5 | 09.mar | 1973 | S1 | Bauskas Atlēts |
| 9 | Skrebels Aigars | 155,0 | 09.mar | 1971 | S1 | Rēzekne |
| 10 | Ūdris Ojārs | 150,0 | 09.mar | 1992 | Ju | Rembate |
| 11 | Neilands Undis | 150,0 | 09.mar | 1992 | Ju | Apolons |
| 12 | Kalniņš Jānis | 142,5 | 09.mar | 1994 | Ju | Viesīte |
| 13 | Viļumsons Artis | 140,0 | 09.mar | 1986 | O | Rembate |
| 14 | Rebins Kristaps | 140,0 | 09.mar | 1990 | Ju | SK Siena |
| 15 | Graudiņš Alfrēds | 140,0 | 09.mar | 1956 | S2 | Mēmele SC |
| 16 | Raukens Ivans | 135,0 | 09.mar | 1958 | S2 | Apolons |
| 17 | Ogrīņš Emīls | 130,0 | 09.mar | 1994 | Ju | PPKI |
| 18 | Žieds Elvijs | 125,0 | 09.mar | 1991 | Ju | Mēmele SC |
| 19 | Jeršeslavcevs Sergejs | 122,5 | 02.feb | | | Pļaviņas |
| 20 | Dzimtais Pēteris | 122,5 | 02.feb | | | Jēkabpils - JAK |
| 21 | Steps Ingus | 120,0 | 02.feb | | | Jēkabpils - Latsin |
| 22 | Nerets Artūrs | 120,0 | 09.mar | 1991 | Ju | Mēmele SC |
| 23 | Orlovs Igors | 110,0 | 09.mar | 1994 | Ju | Rembate |
| 24 | Kuklis Ingus | 110,0 | 09.mar | 1996 | Ja | Viesīte |
| 25 | Degro Rolands | 107,5 | 02.feb | | | Jēkabpils - SC |
| 26 | Cibiņš Aivars | 107,5 | 09.mar | 1963 | S2 | Aizkraukle |
| 27 | Belkins Valērijs | 105,0 | 09.mar | 1940 | S4 | Rēzekne |
| 28 | Kenigvalds Edmunds | 100,0 | 09.mar | 1948 | S3 | Talsi |
| 29 | Spēks Raimonds | 97,5 | 02.feb | | | Jēkabpils - Latsin |
| 30 | Dudens Oskars | 97,5 | 09.mar | 1997 | Ja | Rembate |
| 31 | Tūters Atis | 95,0 | 09.mar | 1958 | S2 | Apolons |
| 32 | Ošs Ingus | 90,0 | 02.feb | | | Jēkabpils - Elasts |
| 33 | Vītols Arvids | 87,5 | 09.mar | 1951 | S3 | Aizkraukle |
| 34 | Okuņevs Ruslans | 75,0 | 02.feb | | | Jēkabpils - 2. vsk. |
| 35 | Jermakovs Andrejs | 0,0 | 09.mar | 1984 | O | Rēzekne |
| 36 | Buls Aleksandrs | 0,0 | 09.mar | 1990 | Ju | SP Ādaži |

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| | | | | | | |
|----|----------------------|-------|--------|------|----|--------------------|
| 1 | Jaņēvičs Aigars | 230,0 | 09.mar | 1991 | Ju | RISEBA |
| 2 | Illarionovs Olegs | 215,0 | 09.mar | 1965 | S1 | Apolons |
| 3 | Miglāns Aleksandrs | 212,5 | 02.feb | 1963 | S2 | Jēkabpils - SC |
| 4 | Riekstiņš Marks | 210,0 | 09.mar | 1993 | Ju | SP Valmiera |
| 5 | Kaminskis Nikolajs | 210,0 | 09.mar | 1975 | O | Jēkabpils - SC |
| 6 | Zujevs Valērijs | 205,0 | 09.mar | 1985 | O | SP Valmiera |
| 7 | Ivanovs Aleksandrs | 200,0 | 09.mar | 1994 | Ju | SP Ādaži |
| 8 | Smilga Imants | 192,5 | 09.mar | 1985 | O | SP Valmiera |
| 9 | Agadžanjans Georgijs | 172,5 | 09.mar | 1946 | S3 | Vikings |
| 10 | Rumpis Pēteris | 170,0 | 09.mar | 1993 | Ju | Rembate |
| 11 | Bazjuks Raivis | 170,0 | 09.mar | 1989 | O | PPKI |
| 12 | Zaķis Dainis | 162,5 | 09.mar | 1961 | S2 | Bauskas Atlēts |
| 13 | Vinogradovs Sergejs | 160,0 | 09.mar | 1965 | S1 | Rēzekne |
| 14 | Rimeikis Andris | 160,0 | 02.feb | | | Jēkabpils - Latsin |

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|----|-----------------------|-------|--------|------|----|--------------------|
| 15 | Naidjonoks Marks | 152,5 | 09.mar | 1993 | Ju | Apolons |
| 16 | Ceplītis Edvīns | 150,0 | 09.mar | 1991 | Ju | Apolons |
| 17 | Pučinskis Didzis | 145,0 | 09.mar | 1993 | Ju | Viesīte |
| 18 | Petrovs Valērijs | 140,0 | 09.mar | 1946 | S3 | Daugavpils |
| 19 | Maševskis Jānis | 140,0 | 02.feb | | | Jēkabpils - Latsin |
| 20 | Sproģis Aldis | 132,5 | 09.mar | 1964 | S1 | Apolons |
| 21 | Nelsons Alvilis | 132,5 | 09.mar | 1972 | S1 | Rembate |
| 22 | Ļegajevs Valērijs | 125,0 | 09.mar | 1949 | S3 | Rēzekne |
| 23 | Konderko Vladislavs | 122,5 | 09.mar | 1994 | Ju | Apolons |
| 24 | Niedre Pēteris | 112,5 | 02.feb | | | Jēkabpils - JAK |
| 25 | Ponomarjovs Vladimirs | 90,0 | 09.mar | 1973 | S1 | Bauskas Atlēts |
| 26 | Markevics Māris | 50,0 | 09.mar | 1948 | S3 | Apolons |
| 27 | Bērziņš Erlands | 50,0 | 02.feb | | | Viesīte |

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| | | | | | | |
|----|----------------------|-------|--------|------|----|--------------------|
| 1 | Juzups Māris | 270,0 | 09.mar | 1988 | O | SP Valmiera |
| 2 | Vasiļenko Uvis | 230,0 | 09.mar | 1991 | Ju | Gulbene KSP |
| 3 | Agažanjan Alekssejs | 230,0 | 09.mar | 1975 | O | Vikings |
| 4 | Agažanjan Artjoms | 215,0 | 09.mar | 1995 | Ja | Vikings |
| 5 | Misovs Eduards | 210,0 | 09.mar | 1975 | O | Jēkabpils - Latsin |
| 6 | Zemgalis Matīss | 200,0 | 09.mar | 1990 | Ju | PPKI |
| 7 | Kātiņš Andrejs | 200,0 | 02.feb | | | Jēkabpils - Latsin |
| 8 | Žukovs Aleksandrs | 195,0 | 09.mar | 1992 | Ju | Rēzekne |
| 9 | Žieds Feliks | 195,0 | 09.mar | 1966 | S1 | Mēmele SC |
| 10 | Kovaļskis Vladimirs | 195,0 | 09.mar | 1958 | S2 | Vikings |
| 11 | Drobovs Vasiļijs | 175,0 | 02.feb | 1958 | S2 | Jēkabpils - SC |
| 12 | Vītols Almants | 167,5 | 09.mar | 1971 | S1 | SP Valmiera |
| 13 | Rekaikins Mihails | 167,5 | 09.mar | 1976 | O | Apolons |
| 14 | Burjots Jānis | 160,0 | 09.mar | 1991 | Ju | PPKI |
| 15 | Smelovs Aleksandrs | 150,0 | 09.mar | 1947 | S3 | Apolons |
| 16 | Sakovičs Maksims | 147,5 | 02.feb | | | Pļaviņas |
| 17 | Krasutins Aleksandrs | 140,0 | 09.mar | 1991 | Ju | Apolons |
| 18 | Mizišs Ivars | 135,0 | 09.mar | 1951 | S3 | Bauskas Atlēts |
| 19 | Bitēns Gints | 130,0 | 09.mar | 1984 | O | Apolons |
| 20 | Teterovskis Nils | 122,5 | 09.mar | 1996 | Ja | Panatta Sigulda |
| 21 | Mirks Aivars | 85,0 | 09.mar | 1943 | S4 | Apolons |
| 22 | Pučinskis Uģis | 80,0 | 09.mar | 1995 | Ja | Viesīte |

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| | | | | | | |
|----|-------------------|-------|--------|------|----|--------------------|
| 1 | Isajevs Pēteris | 290,0 | 09.mar | 1984 | O | Titan |
| 2 | Pēča Matīss | 235,0 | 09.mar | 1988 | O | SP Valmiera |
| 3 | Reinholds Dainis | 230,0 | 09.mar | 1951 | S3 | Aizkraukle |
| 4 | Anšmits Jānis | 212,5 | 09.mar | 1991 | Ju | SP Valmiera |
| 5 | Lasmanis Māris | 210,0 | 09.mar | 1988 | O | SP Valmiera |
| 6 | Pirins Igors | 207,5 | 09.mar | 1982 | O | Evolution |
| 7 | Klāmers Jānis | 200,0 | 09.mar | 1973 | S1 | Aizkraukle |
| 8 | Gailītis Aivars | 200,0 | 09.mar | 1963 | S2 | Rembate |
| 9 | Tkačovs Dainis | 187,5 | 09.mar | 1991 | Ju | Apolons |
| 10 | Kļaviņš Artis | 185,0 | 09.mar | 1987 | O | Mēmele SC |
| 11 | Vilciņš Aivars | 162,5 | 09.mar | 1972 | S1 | Mēmele SC |
| 12 | Gabrāns Ikars | 160,0 | 09.mar | 1968 | S1 | SK Siena |
| 13 | Geistārts Ingus | 157,5 | 02.feb | | | Jēkabpils - Latsin |
| 14 | Kuzņecovs Igors | 155,0 | 09.mar | 1991 | Ju | Titan |
| 15 | Zeilišs Egīls | 142,5 | 09.mar | 1959 | S2 | Apolons |
| 16 | Babris Jānis | 140,0 | 09.mar | 1952 | S3 | Rembate |
| 17 | Neiders Māris | 125,0 | 09.mar | 1957 | S2 | Apolons |
| 18 | Jutinovičs Andris | 125,0 | 09.mar | 1981 | O | Apolons |
| 19 | Lenbergs Dzintars | 120,0 | 09.mar | 1952 | S3 | Mēmele SC |
| 20 | Bidlauskis Jānis | 90,0 | 09.mar | 1950 | S3 | Rembate |
| 21 | Pučinskis Uģis | 75,0 | 02.feb | | | Viesīte |

120+

| | | | | | | |
|---|------------------|-------|--------|------|----|--------------------|
| 1 | Krūze Mārtiņš | 250,0 | 09.mar | 1988 | O | SP Valmiera |
| 2 | Pētersons Ainārs | 240,0 | 09.mar | 1967 | S1 | SP Valmiera |
| 3 | Semjonovs Igors | 205,0 | 09.mar | 1978 | O | Apolons |
| 4 | Baumanis Lauris | 190,0 | 02.feb | | | Jēkabpils - Latsin |
| 5 | Alksnītis Valdis | 190,0 | 02.feb | 1941 | S4 | Jēkabpils - SC |

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|------------------|---------------------|-------|--------|------|----|----------------------|
| 6 | Roga Dzintars | 165,0 | 09.mar | 1972 | S1 | Rembate |
| 7 | Rigasts Ivars | 125,0 | 09.mar | 1961 | S2 | Bauskas Atlēts |
| SIEVIETES | | | | | | |
| 47 | | | | | | |
| 52 | | | | | | |
| 1 | Tomase Gunda | 35,0 | 09.mar | 1991 | Ju | Priekule |
| 57 | | | | | | |
| 1 | Jansone Jana | 55,0 | 09.mar | 1990 | Ju | Apolons |
| 2 | Franka Egija | 30,0 | 09.mar | 1996 | Ja | Priekule |
| 63 | | | | | | |
| 1 | Miglāne Olga | 72,5 | 09.mar | 1965 | S1 | Jēkabpils |
| 2 | Švirksta Nelda | 45,0 | 09.mar | 1990 | Ju | Apolons |
| 3 | Zinkeviča Veronika | 40,0 | 02.feb | | | Jēkabpils - 2. vsk. |
| 4 | Gailīte Gundega | 32,5 | 09.mar | 1994 | Ja | Rembate |
| 72 | | | | | | |
| 1 | Abramenko Valentīna | 82,5 | 09.mar | 1965 | S1 | Jēkabpils |
| 2 | Zvilna Santa | 55,0 | 09.mar | 1987 | O | Bauskas Atlēts |
| 3 | Mole Alla | 40,0 | 02.feb | | | Jēkabpils - Pļaviņas |
| 4 | Freija Marina | 37,5 | 02.feb | | | Jēkabpils - Pļaviņas |
| 5 | Molotkova Elana | 35,0 | 09.mar | 1995 | Ja | Apolons |
| 84 | | | | | | |
| 1 | Agadžanjane Oksana | 85,0 | 09.mar | 1974 | O | Vikings |
| 2 | Kaire Elīna | 60,0 | 09.mar | 1997 | Ja | Priekule |
| 3 | Timermane Diāna | 42,5 | 09.mar | 1996 | Ja | Apolons |
| 84+ | | | | | | |
| 1 | Grigorjeva Karīna | 110,0 | 09.mar | 1981 | O | Libava |
| 2 | Nikitina Natālija | 102,5 | 09.mar | 1971 | S1 | Jēkabpils |
| 3 | Januškēviča Līga | 60,0 | 09.mar | 1963 | S2 | Apolons |

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|------------|----|------------------|
| Apzīmējumi | Ja | Jaunieši |
| | Ju | Juniori |
| | O | Atklātā (open) |
| | S1 | Seniori 1. grupa |
| | S2 | Seniori 2. grupa |
| | S3 | Seniori 3. grupa |
| | S4 | Seniori 4. grupa |

Sportista rezultāta atbilstība kvalifikācijas normām

Starptautiskās klases sporta meistars

Latvijas sporta meistars

Sporta meistara kandidāts

1. Sporta klase

2. Sporta klase

3. Sporta klase

Dotajiem apzīmējumiem ir tikai informatīva nozīme

Sastādījusi Latvijas pauerliftinga federācijas informācijas un statistikas komiteja.

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