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## LATVIJAS SPORTISTU REITINGS SVARU STIENĀ SPIEŠANĀ GUĻUS UZ ATKĀRTOJUMU SKAITU

2020. 1. I – 2020. 31. XII

Nr.	Uzvārds	Svars	Svars uz st.	Rezultāts	Datums	Dz. g.	Grupa	Klubs
<b>VĪRIEŠI</b>								
<b>53</b>								
1	Kudrjavcevs Vasiļijs	48.80	49.00	4	4-Jul	2005	Jaun	Aizkraukles SC
<b>59</b>								
1	Holkins Staņislavs	56.95	57.00	26	4-Jul	1980	Sen1	Aizkraukles SC
2	Zariņš Guntars	58.30	58.00	22	20-Jun	1986	Open	Madona SCK
3	Vorobjovs Jevgēnijs	52.55	53.00	20	20-Jun	1952	Sen3	Aizkraukles SC
<b>66</b>								
1	Jurkāns Edgars	65.90	66.00	33	4-Jul	1998	Jun	SP Valmiera
2	Apse Guntis	65.95	66.00	23	20-Jun	1975	Sen1	SP Valmiera
3	Zariņš Guntars	61.80	62.00	22	4-Jul	1986	Open	Madona SCK
4	Barkanovs Juliāns	60.00	60.00	22	20-Jun	1985	Open	Libava Powerlifting
5	Solovjovs Ivans	62.90	63.00	20	4-Jul	1962	Sen2	Aizkraukles SC
6	Jansons Artūrs	64.15	64.00	19	4-Jul	1992	Open	SP Valmiera
7	Šilo Andrejs	61.95	62.00	19	4-Jul	1990	Open	Gulbenes KSP
8	Cīrulis Rolands	65.00	65.00	10	4-Jul	2004	Jaun	Gulbenes KSP
9	Reiniks Druvis	64.10	64.00	9	20-Jun	2002	Jaun	SP Valmiera
<b>74</b>								
1	Cviguns Sergejs	71.30	71.00	39	20-Jun	1980	Sen1	Vecumnieku SK 1994
2	Vilcāns Rūdolfs	68.65	69.00	26	20-Jun	1998	Jun	Bauska
3	Banders Artis	72.80	73.00	24	4-Jul	1985	Open	Jēkabpils SC
4	Bergholds Jānis	70.65	71.00	24	20-Jun	1990	Open	SP Valmiera
5	Apse Guntis	68.45	68.00	24	4-Jul	1975	Sen1	SP Valmiera
6	Saulītis Ralfs	67.70	68.00	18	20-Jun	2002	Jaun	SP Valmiera
7	Mediņš Edgars	74.00	74.00	15	4-Jul	2004	Jaun	Bauska
8	Kļaviņš Ringolds	74.00	74.00	12	20-Jun	1962	Sen2	Gulbenes KSP
9	Filipovs Staņislavs	72.00	72.00	12	20-Jun	1946	Sen4	Madona SCK
10	Laksa Ilmārs	69.10	69.00	8	20-Jun	1960	Sen3	Rembate SK
11	Bikovs Oļegs	71.50	72.00	7	4-Jul	2000	Jun	Jēkabpils SC
12	Markalovs Ēriks	70.75	71.00	4	4-Jul	2000	Jun	Bauska
13	Hermanis Zigfrīds	73.70	74.00	1	20-Jun	1942	Sen4	Rembate SK
14	Andronovs Aleksandrs	73.90	74.00	0	20-Jun	1985	Open	Jēkabpils SC
<b>83</b>								
1	Rapoports Mihaels	80.40	80.00	48	20-Jun	1999	Jun	Aizkraukles SC
2	Djukovs Jurijs	83.00	83.00	39	4-Jul	1992	Open	Arkan Sport
3	Ezeriņš Edijs	74.50	75.00	38	20-Jun	1974	Sen1	Rauna
4	Plociņš Aivis	77.45	77.00	36	20-Jun	2003	Jaun	Krāslava
5	Andronovs Aleksandrs	74.70	75.00	35	4-Jul	1985	Open	Jēkabpils SC
6	Riba Andžejs	80.80	81.00	30	4-Jul	1985	Open	Bauska
7	Ivanovs Edgars	78.45	78.00	25	20-Jun	1997	Jun	SP Valmiera
8	Leimanis Ainārs	74.80	75.00	24	20-Jun	1959	Sen3	SP Valmiera
9	Bogdanovs Raivis	78.95	79.00	22	4-Jul	1976	Sen1	Gulbenes KSP
10	Naglāzs Armands	81.85	82.00	21	4-Jul	1973	Sen1	Bauska
11	Līcis-Līcītis Agris	79.60	80.00	21	4-Jul	1983	Open	Jēkabpils SC
12	Trusle Deniss	78.30	78.00	21	4-Jul	1977	Sen1	Olaines SC
13	Meijerhofers Ēriks	77.40	77.00	21	4-Jul	2001	Jun	Bauska
14	Mašinskis Ēriks	78.35	78.00	16	4-Jul	2001	Jun	Jēkabpils SC
15	Miglāns Aleksandrs	80.95	81.00	15	20-Jun	1963	Sen2	Jēkabpils SC
16	Kļaviņš Ringolds	74.75	75.00	14	4-Jul	1961	Sen2	Gulbenes KSP
17	Blāķis Daniels Sindijs	77.80	78.00	13	20-Jun	2002	Jaun	SP Valmiera
18	Kalniņš Raivis	79.40	79.00	12	20-Jun	1993	Open	Madona SCK
19	Šeniņš Roberts	76.70	77.00	12	4-Jul	1952	Sen3	F1 Sporta klubs
20	Prauliņš Hugo	76.10	76.00	12	4-Jul	2002	Jaun	SP Valmiera
21	Rūtiņš Artis	80.30	80.00	11	4-Jul	2001	Jun	Jēkabpils SC

22	Mediņš Edgars	74.50	75.00	11	20-Jun	2004	Jaun	Bauska
23	Dzērve Jānis	79.70	80.00	9	20-Jun	1949	Sen4	Rembate SK
24	Turlajs Noels	75.60	76.00	7	4-Jul	2005	Jaun	Madona SCK
25	Grišins Artūrs	75.50	76.00	0	20-Jun	2002	Jaun	Jēkabpils SC
26	Degro Rolands	74.10	74.00	0	20-Jun	1977	Sen1	Jēkabpils SC

**93**

1	Liepiņš Raimonds	91.20	91.00	36	20-Jun	1990	Open	Legacy
2	Veliks Uldis	90.70	91.00	33	4-Jul	1967	Sen2	Rembate SK
3	Cielavs Juris	86.40	86.00	33	20-Jun	1983	Open	Madona SCK
4	Žieds Elvijs	89.45	89.00	29	4-Jul	1991	Open	Bauska
5	Lūsis Andris	84.65	85.00	26	20-Jun	1983	Open	PowerLab
6	Barovskis Māris	88.10	88.00	24	20-Jun	1980	Sen1	Bauska
7	Kanbergs Ēriks	88.60	89.00	22	20-Jun	1980	Sen1	Gold Barbell Tukums
8	Lielups Mārtiņš	85.50	86.00	22	4-Jul	1983	Open	Madona SCK
9	Osijuks Andrejs	87.15	87.00	20	4-Jul	1983	Open	Bauska
10	Burilovs Sergejs	83.30	83.00	20	4-Jul	1960	Sen3	Bauska
11	Veldre Ēriks	92.40	92.00	19	4-Jul	1977	Sen1	Gulbenes KSP
12	Krūmiņš Ingars	83.05	83.00	17	4-Jul	1976	Sen1	Jēkabpils SC
13	Cīrulis Aigars	92.95	93.00	15	4-Jul	1981	Open	Gulbenes KSP
14	Turlajs Matīss	83.55	84.00	15	4-Jul	1999	Jun	Madona SCK
15	Lutovs Nikita	92.45	92.00	14	20-Jun	2000	Jun	SP Valmiera
16	Cīrulis Aigars	91.45	91.00	13	20-Jun	1981	Open	Gulbenes KSP
17	Zaķis Dainis	87.65	88.00	13	4-Jul	1961	Sen2	Bauska
18	Saulītis Roberts	84.15	84.00	13	4-Jul	2002	Jaun	SP Valmiera
19	Kriuvšovs Aleksandrs	84.30	84.00	12	20-Jun	2002	Jaun	Bauska
20	Kloppe Juris	86.79	87.00	11	20-Jun	1955	Sen3	Gold Barbell Tukums
21	Hlebņikovs Artūrs	87.95	88.00	7	4-Jul	2001	Jun	SP Valmiera

**105**

1	Grandāns Gatis	97.45	97.00	28	4-Jul	1991	Open	Jelgavas novada SC
2	Vjaters Rolands	98.65	99.00	24	20-Jun	1987	Open	Jēkabpils SC
3	Kovtūns Vasiļijs	93.20	93.00	22	20-Jun	1980	Sen1	Bauska
4	Ceļš Lauris	97.95	98.00	21	20-Jun	1980	Sen1	SP Valmiera
5	Udalovs Maksims	98.15	98.00	16	20-Jun	1974	Sen1	PowerLab
6	Ponamarijovs Vladimirs	96.50	97.00	16	20-Jun	1974	Sen1	Bauska
7	Rasims Staņislavs	94.45	94.00	16	4-Jul	1960	Sen3	Aizkraukles SC
8	Dzalbs Arvīds	99.00	99.00	15	20-Jun	1987	Open	Krāslava
9	Žieds Fēlikss	95.45	95.00	15	4-Jul	1966	Sen2	Bauska
10	Lācis Dzintars	95.35	95.00	15	20-Jun	1995	Open	Gulbenes KSP
11	Lapels Jānis	93.13	93.00	14	20-Jun	1959	Sen3	Apolons
12	Tjarve Vilnis	93.55	94.00	4	20-Jun	1959	Sen3	Gold Barbell Tukums
13	Madalāns Voldemārs	103.05	103.00	0	20-Jun	1952	Sen3	Rembate SK

**120**

1	Losevs Aleksejs	107.30	107.00	27	4-Jul	1982	Open	PowerLab
2	Kūms Sandis	105.20	105.00	25	4-Jul	1984	Open	Jelgavas novada SC
3	Gecko Jevgēnijs	105.10	105.00	21	4-Jul	1989	Open	Olymp Rīga
4	Tifentāls Edgars	105.90	106.00	20	20-Jun	1995	Open	SP Valmiera
5	Sabaļausks Židrjus	105.25	105.00	20	20-Jun	1975	Sen1	Jēkabpils SC
6	Adejevs Maksims	105.80	106.00	18	20-Jun	1994	Open	Bauska
7	Daugavets Mariks	105.05	105.00	17	4-Jul	1971	Sen1	PowerLab
8	Gaujēns Eduards	105.55	106.00	14	20-Jun	1990	Open	Madona SCK
9	Naumovs Vjačeslavs	106.90	107.00	12	4-Jul	1974	Sen1	Jēkabpils SC
10	Pridāns Dainis	105.20	105.00	11	20-Jun	1960	Sen3	Gold Barbell Tukums
11	Snegirevs Vitālijs	112.05	112.00	8	20-Jun	1966	Sen2	Jēkabpils SC
12	Babris Jānis	111.65	112.00	8	20-Jun	1952	Sen3	Rembate SK
13	Volkovs Salvis	116.10	116.00	6	20-Jun	2000	Jun	Aizkraukles SC
14	Kudrjavcevs Oļegs	116.20	116.00	0	20-Jun	1998	Jun	Aizkraukles SC

**120+**

1	Roga Dzintars	132.35	132.00	17	4-Jul	1972	Sen1	Vecumnieku SK
2	Babris Ainārs	123.55	124.00	14	20-Jun	1983	Open	Madona SCK
3	Putniņš Jānis	120.20	120.00	12	4-Jul	1980	Sen1	Rembate SK
4	Reinholds Dainis	125.35	125.00	11	4-Jul	1951	Sen3	Aizkraukles SC
5	Gailītis Aivars	121.00	121.00	6	20-Jun	1963	Sen2	Rembate SK
6	Saškovs Sandis	140.95	141.00	4	4-Jul	2002	Jaun	Bauska

7	Rigasts Ivars	132.30	132.00	1	20-Jun	1961	Sen2	Bauska
<b>SIEVIETES</b>								
<b>47</b>								
1	Cīrule Larisa	47.00	24.00	35	4-Jul	1982	Open	Gulbenes KSP
<b>52</b>								
1	Krūmiņa Danīna Dace	51.95	26.00	35	4-Jul	2001	Jun	Gulbenes KSP
2	Cīrule Larisa	48.10	24.00	31	20-Jun	1982	Open	Gulbenes KSP
3	Ratniece Iveta	47.55	24.00	31	4-Jul	1970	Sen2	Jēkabpils SC
<b>57</b>								
1	Svjatnaja Svetlana	52.05	26.00	102	4-Jul	1961	Sen2	PowerLab
2	Malinovska Mariana	56.55	28.00	57	4-Jul	1996	Open	Rembate SK
3	Liepniece Elīna	55.95	28.00	36	4-Jul	1995	Open	Olymp Rīga
4	Krūmiņa Danīna Dace	54.00	27.00	33	20-Jun	2001	Jun	Gulbenes KSP
5	Žarkova Marika	52.10	26.00	31	20-Jun	1998	Jun	SP Valmiera
6	Roga Annija	53.85	27.00	24	4-Jul	1999	Jun	Vecumnieku SK
<b>63</b>								
1	Bekusova Linda	58.10	29.00	49	4-Jul	1991	Open	Gulbenes KSP
2	Lapuha Natalija	60.80	30.00	42	20-Jun	1978	Sen1	Aizkraukles SC
3	Malinovska Mariana	59.50	30.00	40	20-Jun	1996	Open	Rembate SK
4	Zommere Aleksa	58.25	29.00	38	4-Jul	2001	Jun	SP Valmiera
5	Šarova Marina	57.70	29.00	34	4-Jul	1974	Sen1	SP Valmiera
6	Morgunova Ilze	62.15	31.00	33	4-Jul	1987	Open	Jēkabpils SC
7	Šulmane Guna	59.60	30.00	33	4-Jul	1996	Open	Madona SCK
<b>72</b>								
1	Lebedeva Anita	69.55	35.00	80	4-Jul	1991	Open	Arkan Sport
2	Miglāne Olga	63.50	32.00	36	20-Jun	1965	Sen2	Jēkabpils SC
3	Sināte Sanita	69.65	35.00	31	20-Jun	1983	Open	Rembate SK
4	Kimeniece Madara	69.60	35.00	30	4-Jul	1991	Open	Madona SCK
5	Grauba Lidija	63.45	32.00	28	4-Jul	1982	Open	PowerLab
6	Veikšāne Amanda	65.30	33.00	25	4-Jul	2001	Jun	SP Valmiera
7	Bērziņa Līva	70.00	35.00	24	4-Jul	1989	Open	SP Valmiera
8	Voiko Skaidrīte	63.70	32.00	24	20-Jun	1964	Sen2	Jēkabpils SC
9	Brice Ilze	67.80	34.00	23	4-Jul	1975	Sen1	SP Valmiera
10	Roga Agnese	65.40	33.00	22	4-Jul	1995	Open	Vecumnieku SK
11	Gailīte Ilze	69.10	35.00	9	20-Jun	2001	Jun	Rembate SK
12	Dzērve Vija	69.30	35.00	3	20-Jun	1951	Sen3	Rembate SK
<b>84</b>								
1	Silmanoviča Zane	74.40	37.00	21	4-Jul	1989	Open	Madona SCK
2	Krauže Baiba	77.65	39.00	13	20-Jun	1974	Sen1	Rembate SK
<b>84+</b>								
1	Ezeriņa Ginta	92.70	46.00	28	4-Jul	1978	Sen1	Rauna
2	Nikitina Nataša	98.60	49.00	23	20-Jun	1971	Sen1	Jēkabpils SC
3	Kolesņikova Arīna	99.10	50.00	19	4-Jul	1997	Jun	Jēkabpils SC

Apzīmējumi	Jaun	Jaunieši
	Jun	Juniori
	Open	Vīrieši/ Sievietes (24-39)
	Sen1	Seniori 1. grupa (40+)
	Sen2	Seniori 2. grupa (50+)
	Sen3	Seniori 3. grupa (60+)
	Sen4	Seniori 4. grupa (70+)

Sastādījusi Latvijas pauerlīfinga federācijas informācijas un statistikas komiteja.

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