

2023 Lielvārdē
Noratlons



"Noratlons 2023 Lielvārdē" rezultāti

Dāmu Noratlons

Laiks (hh:mm:ss)

Vārds, Uzvārds	3km skrējiens	Spēka uzdevums 1*		3km skrējiens	Spēka uzdevums 2*		3km skrējiens	Spēka uzdevums 3*		LAIKS KOPĀ	VIETA
Kristīne Roga	00:14:12	00:04:48	S	00:15:32	00:05:24	P	00:16:20	00:05:06	V	01:01:25	1
Diāna Romanovska	00:14:01	00:05:39	S	00:15:19	00:05:18	P	00:16:44	00:05:31	V	01:02:34	2
Baiba Naudiņa	00:14:13	00:07:37	S	00:15:04	00:06:39	P	00:15:58	00:07:27	V	01:06:58	3
Alise Salaka	00:16:33	00:10:59	S	00:17:58	00:05:47	P	00:20:46	00:09:37	V	01:21:40	4
Dita Prūse	00:15:19	00:08:43	S	00:18:02	00:10:14	P	00:19:40	41x	V	DNF	5

*Spēka uzdevumu secību dalībnieks izvēlās pats

- (S) Spiešana guļus 75x 30kg
- (P) Pietupiens 75x 45kg
- (V) Vilkme 75x 60kg

2023 Lielvārdē
Noratlons



"Noratlons 2023 Lielvārdē" rezultāti

Mazais Dāmu Noratlons

Laiks (hh:mm:ss)

Vārds, Uzvārds	3km skrējiens	Spēka uzdevums	3km skrējiens	Spēka uzdevums	3km skrējiens	Spēka uzdevums	LAIKS KOPĀ	VIETA
Annija Zāgere	00:12:54	00:04:00 S	00:13:29	00:03:26 V	00:14:31	00:03:26 P	00:51:46	1
Marta Jansona	00:13:41	00:02:47 S	00:14:39	00:03:52 P	00:16:49	00:02:02 V	00:53:53	2
Solveiga Jegorova	00:13:38	00:03:08 S	00:15:28	00:03:44 V	00:20:02	00:03:44 P	00:59:44	3
Veronika Kozubova	00:18:08	00:04:10 S	00:10:40	00:04:15 V	00:17:03	00:07:22 P	01:01:38	4
Kristīna Miglāne	00:16:56	00:04:05 V	00:18:28	00:05:09 S	00:18:19	00:04:48 P	01:07:45	5
Evita Krevņeva	00:15:35	00:07:00 S	00:16:26	00:04:13 V	00:19:00	00:05:30 P	01:07:47	6
Liega Krasovska	00:15:45	00:03:59 V	00:19:25	00:05:58 P	00:20:18	00:03:51 S	01:09:19	7
Ilze Ozoliņa	00:16:55	00:04:52 S	00:17:58	00:07:20 P	00:19:40	00:04:44 V	01:11:30	8
Marija Buzovska	00:16:56	00:02:17 S	00:19:23	00:05:14 V	00:21:35	00:06:09 P	01:11:37	9
Margarita Epermane	00:15:19	00:04:09 S	00:20:17	00:06:43 P	00:20:12	00:05:43 V	01:12:25	10
Līva Laizāne	00:18:46	00:03:22 S	00:21:09	00:07:19 P	00:22:42	00:05:32 V	01:18:50	11

*Spēka uzdevumu secību dalībnieks izvēlās pats

- (S) Spiešana guļus 75x 20kg

- (P) Pietupiens 75x 30kg

- (V) Vilkme 75x 40kg

2023 Lielvārde
Noratlons



"Noratlons 2023 Lielvārdē" rezultāti

Mazais Vīru Noratlons

Laiks (hh:mm:ss)

Vārds, Uzvārds	3km skrējiens	Spēka uzdevums 1*	3km skrējiens	Spēka uzdevums 2*	3km skrējiens	Spēka uzdevums 3*	LAIKS KOPĀ	VIETA
Aigars Rozenbergs	00:11:52	00:05:17	00:12:49	00:05:30	00:13:40	00:05:17	00:54:30	1
Aigars Strods	00:12:01	00:05:44	00:12:32	00:04:31	00:13:31	00:09:44	00:58:03	2
Arvis Briediņš	00:13:37	00:02:09	00:15:21	00:06:31	00:18:04	00:06:34	01:02:19	3
Tomass Kalniņš	00:13:46	00:04:56	00:15:32	00:05:46	00:17:36	00:08:36	01:06:12	4
Edgars Erins	00:11:59	00:07:51	00:12:54	00:08:46	00:15:30	00:10:10	01:07:10	5
Eduards Pritkovs	00:12:26	00:06:14	00:15:07	00:08:45	00:15:19	00:10:29	01:08:20	6
Janeks Rumbergs	00:11:35	00:09:31	00:12:06	00:07:20	00:15:13	00:13:58	01:09:43	7
Guntars Zukulis	00:15:35	00:03:26	00:16:54	00:09:30	00:20:56	00:12:30	01:18:53	8
Ivo zīle	00:15:08	00:04:01	00:18:20	00:13:18	00:21:20	00:07:58	01:20:08	9
Antons Kozlovs	00:17:35	00:05:53	00:22:27	00:14:32	00:25:32	00:11:40	01:37:42	10

*Spēka uzdevumu secību dalībnieks izvēlās pats

- Spiešana guļus 75x 40kg
- Pietupiens 75x 60kg
- Vilkme 75x 80kg

2023 Lielvārde
Noratlons



"Noratlons 2023 Lielvārdē" rezultāti

Vīru Noratlons

Laiks (hh:mm:ss)

Vārds, Uzvārds	3km skrējieni	Spēka uzdevums 1*	3km skrējieni	Spēka uzdevums 2*	3km skrējieni	Spēka uzdevums 3*	LAIKS KOPĀ	VIETA
Nauris Liberts	00:12:48	00:05:29 S	00:12:30	00:06:42 P	00:14:38	00:06:22 V	00:58:30	1
Nauris Krebsis	00:12:56	00:04:14 S	00:13:52	00:09:51 P	00:15:27	00:05:47 V	01:02:09	2
Rolands Admidiņš	00:12:29	00:05:26 S	00:13:15	00:09:40 P	00:16:16	00:07:45 V	01:04:51	3
Matīss Ozoliņš	00:13:53	00:05:37 V	00:16:02	00:05:50 S	00:15:38	00:08:15 P	01:05:17	4
Alberts Jānis Liepiņš	00:12:59	00:05:44 S	00:15:38	00:08:59 P	00:17:21	00:07:22 V	01:08:03	5
Mihails Juhņevičs	00:13:08	00:08:09 S	00:15:07	00:06:37 P	00:17:12	00:08:24 V	01:08:41	6
Mārtiņš Zemturis	00:13:54	00:05:07 S	00:15:36	00:08:21 P	00:17:51	00:09:01 V	01:09:53	7
Mārcis Mucenieks	00:13:08	00:04:22 S	00:16:16	00:06:57 V	00:17:44	00:12:16 P	01:10:43	8
Lucas Kleinhans	00:13:15	00:08:14 S	00:17:24	00:11:09 P	00:15:45	00:06:59 V	01:12:47	9
Jesse Spencer	00:15:05	00:03:05 S	00:16:54	00:08:32 V	00:20:56	00:11:56 P	01:16:28	10
Nicolas Arnold	00:14:23	00:05:16 P	00:16:30	00:10:28 S	00:19:53	00:12:00 V	01:18:30	11
Ashton Tanner	00:13:57	00:13:05 P	00:20:05	00:07:20 S	00:18:25	00:13:01 V	01:25:53	12
Imants Baklāns	00:16:34	00:06:08 S	00:19:11	00:11:22 P	00:22:16	00:11:33 V	01:27:06	13
Intars Iesalnieks	00:15:32	00:08:54 S	00:19:21	00:12:50 V	00:24:17	00:08:06 P	01:29:03	14
Aleksandrs Molloudis	00:13:21	00:13:04 P	00:22:01	00:11:11 S	00:20:14	00:13:27 V	01:33:09	15
Jaroslavs Bološokovs	00:13:59	00:14:56 V	00:19:09	00:20:48 P	00:18:47	00:11:57 S	01:39:39	16
Steven Graham	00:15:28	00:16:07 P	00:24:10	00:09:59 S	00:24:35	00:10:34 V	01:40:53	17
Arturs Rikmanis	00:13:49	00:06:39 P	00:00:00	00:00:00 S	00:00:00	00:00:00 V	DNF	18

*Spēka uzdevumu secību dalībnieks izvēlās pats

- (S) Spiešana guļus 75x 60kg
- (P) Pietupiens 75x 80kg
- (V) Vilkme 75x 100kg